

TeamUp Mentor Program

*Building **connections**
today that will impact
the **futures** of tomorrow.*



What is TeamUp?

TeamUp is a social and wellbeing mentoring program. It provides opportunities for disadvantaged young people to form a trusting, long-lasting relationship with a caring, positive adult role model. The relationship that is developed allows young people to build on their strengths in order to realise their potential, and become active and positive members of the community and wider society.

How does it work?

TeamUp works by pairing young people with a volunteer from the community. The mentor and mentee meet on a fortnightly basis for 2 hours over a 12 month period. Together with your mentee, you will decide what you would like to do, it may be: sharing a meal, attending a sporting event or exploring job opportunities. The program provides the mentor and mentee with up to \$40 for each activity.

TeamUp provides mentors and mentees with interactive training on working with young people and information on the support to assist them with the role as either a mentor or mentee. All participants are supported in their role by the Program Coordinator.

Objectives of TeamUp

- ⇒ Young people will improve their self-esteem and confidence.
- ⇒ Young people have increased knowledge and information regarding community activities.
- ⇒ Community members have increased knowledge of issues facing young people.
- ⇒ Young people increase their engagement with education and or employment.

What is the selection criteria?

Mentors and mentees go through an assessment process to ensure they meet the criteria of **TeamUp**. This includes:

- ⇒ Complete application forms
- ⇒ Interview with the Program Coordinator
- ⇒ Working with Children check (mentors)
- ⇒ National Police check (mentors)
- ⇒ Reference checks (mentors)

“Great support and training was offered from the beginning. The staff remained connected throughout the entire experience which made it easier.”

2016 TeamUp mentor.

“I gained perspective, patience, fulfilment and enjoyment.”

2016 TeamUp mentor.

How do I get involved?

If you are interested in becoming a mentor or mentee with **TeamUp** call or email Jaclyn at Centre 360 Youth and Family Service to request an application form.

Jaclyn Rae

TeamUp Program Coordinator

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*Centre 360 Youth and Family Service
is a project of
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Centre 360
Youth and Family Service